

# The sixty years crisis

## A short history of a huge problem



Part 11 My own journey – Part B  
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# Content

- The crisis!
- The surprise?
- Gaia – our living planet
- Our common history – and future
- The facts
- The real terrorists
- The American dream
- My Home Countries
- The globalization nightmare
- So where do we go from here?
- **My own journey**

# A meaningful coincidence

If you plan to die so be sure you have an ICU nurse with you. I did. When we left Hong Kong with United Airlines during terrible weather I had a head ache. In fact I felt bad all the time but I thought it was the turbulence. The last thing I remembered was walking through the Seattle airport on my way to the Hertz car rental counter. The next I remember was waking up at one of Seattle hospital's Intensive Care Unit.

I was 39 years old and I had a stroke. My luck was that I had an ICU nurse with me who knew what to do. But when I woke up I had no balance and could not move my right side. After the doctors injected me with contrast solution for a brain X-ray I could no longer see. At this very moment my life was over. Even after I was transported to another hospital in San Francisco and started my re-habilitation I was horrified to live the rest of my life like this. And then the doctor said that the stroke could be a result of a defect in my neck after my earlier car accident. Just like the Indian fortune teller said.

After my stroke, when I finally could read again I found a second hand book that I had bought on Hong Kong island going back from my encounter by the Indian fortune teller.

The book was *"Memories, dreams and reflections"* by C. G. Jung. He presented concepts I never heard of like Archetype, Collective unconsciousness, Mandala, The Magic circle, Synchronicity, i.e. a meaningful coincidence. Anima and Animus.

Individuation , our process to become whole, to gather the world within one's self.

Jung: *"One form of life can not be abandoned unless it is exchanged for another."*

So what was the meaning of my years in California.

What did I learn? What was my new life form?

# The other half of me

When I woke up after my stroke at the hospital in Seattle I was basically half. Paralyzed in my right side and without half of my sight.

This was the end of my journey through life when everything had been moving faster and faster. When I with my left brain had tried to control all. Throughout this journey I had two failed marriages and many failed relations.

The women of the "The new world" in America all tried to teach me about my missing half - what men in general often are lacking.

Feelings, intuition and love.

You are all my teachers and you mean a lot to me. Thank you for showing me another reality.

I am sorry I did not discover this until I was dead & I am sorry for the pain I have caused.

Since 1989 I am living my new life on extra time in a loving relation. I always remember in my heart your teachings, wisdom and love.



# The new world and a new meaning

It was here in California, what the original native “Indians” called “The brink of the world”, where the forty-niners invaded to exterminate the same natives in their digging for gold and where so many followers have been looking for fortunes, fame and glory that I experienced my new reality. And where so many others also have discovered their end of the road searching for their new reality – when they had it all but yet not.

California is really the end of the journey for our present civilization. It is here everything we have done has been integrated, where you can find basically all nationalities and races and where we have created this artificial man made world in parallel and contrast to the outstanding beauty of the remaining California nature. And it was here my new female traveling companions took me on the final part of my journey around the world to another reality I had not been aware of.

They introduced me to “The New Age” of re-birthing, past life time regressions, meditation, acupuncture, hugging trees, Indian sweat lodge, swimming with dolphins, drumming and things I cannot tell. I was practicing mind reading, traveling through space, healing, affirmation, herbs, incense, sage, crystals.

We went out in the desert of Death Valley, on the lava field of Hawaii, in the deep Redwood forest, hiking in the mountain meditating at the Pacific Coast. And we were talking for hours and hours about what really matters in life. These were intelligent, warm and humble human beings with a new dimension so far from my own fast track male business world. They showed me love. It was an experience worth every minute of it.

# A spiritual guide

There are thousands of books and numerous TV programs discussing the relation between man and woman. So I am not unique. The head shrinker would probably call it separation anxiety . Naturally sex was involved when my hormones fooled around. But I was really searching for something more. So maybe that is why the Universe sent me to “The New World”. To teach me to become a new man. I was fortunate to meet those persons I needed at a very moment in time. I am also very fortunate to have met the mothers to my children and admire them for taken so good care of our children when I was no longer there for them. And I am fortunate to have met Noemia, my Brazilian wife. We both have had very turbulent lives and maybe this is why the Universe finally connected us. That we both after many years had learned something so we finally could find a loving relationship in peace.

From 1969 until the crash of 1989 I was moving faster and faster searching for something I did not know. It was later when I was reading Jung and others that I finally started to realize that this search for my other half in what Jung describe as Anima and Animus is part of my own journey to become whole. The process of individuation. I started to be sensitive for meaningful coincidences . It was a painful process as Jung’s own mid life crisis when this individuation first means to lose everything. And I did! Many years ago I met a young woman from Argentina in what may be described as moments of passions. It took me a very long time to understand that it was something more. I learned the word spirit guide in California and she was probably not the first but she really broke into my soul. She wrote me long letters telling me about another spiritual life, but since my Spanish was poor I did not fully understand it. Later on when my Spanish improved and after my “Crash of 1989” I started to read them again.



# Another life

The experience that we had was something totally new for me. Physically we did meet only a few times but she wrote letters almost every day. And she asked me to remember my dreams. Although we were two continents apart she knew what I was doing and thinking. She transcended into another state of mind and traveled through space and time.

*“The whole life is a play that we try not to lose. But if we do lose this is also an experience, with the only difference that the way you learn is harder”*, this young woman had written to me 1981. She also said:

*“Everything that happens, happens for a reason.”*

And so it was.

She once described something that had happened to me some years earlier although I never told her. I was working in Northern Sweden and one weekend I got the idea to alone hike into the wilderness of Sarek national Park. The weather became very bad with a fog that made it impossible to see.

I was totally lost. After sleeping outside during night and almost being stampeded by a herd of reindeers I made it back. After I met her the first time in Argentina I got this idea to fly to Mendoza and go skiing on Aconcagua at Puente del Inca. On the way back from the Andes on a terrible road the lights of my car stopped working. I had to slowly drive in darkness.



Sarek National Park



The road to Puente del Inca

# The harder you try....

The last thing I did in San Francisco when I was let out of the hospital was to go to a New Age outlet and bought everything I could think of. And back in Sweden I started to read them. So when I as an well educated engineer now started studying the “Old Age” like Jung, Fromm and Hesse, New Age writers from Shirley MacLaine to Shakti Gawain, and Asian thinking from Tao and Lao Tse to I Ching I was naturally overwhelmed by impressions. What I really did not grasp was that one “school” said to “go with the flow” and accept what is happening and the other school said that by mental training and affirmations you can get everything you want.

So what I then realized (after one hundred books) was that there was no ready made fix for me. I had to figure it out by my self. Trial and error – and that I had already been good at. But what I after all of this was 100% convinced about, was that we all belong to ONE intelligent universe that you may call God or Gaia. We are all ONE carrying the complete universe inside us like the universe carries all of us within.

I was also fully convinced about my main problem and the problem of the world and that was the unbalance. That we were living in this single minded white male world.

And that I was one of these single minded white males.

Four times I had been blindfolded. When I walked through the fog of Sarek, when I drove down from Aconcagoa without any light, when we had to almost crawl back in the darkness on top of the flowing lava on Hawaii and after my stroke. Because to come back again I had to use more than my logic thinking. I had to trust my intuition. And after my stroke when I lost parts of my eyesight my eyes and brain had to learn to scan and integrate what they saw. I also learned what the Eastern thinking knows.

The harder you try the harder the Universe will resist.

# All you need is love



Imagine how many songs, poems, novels, TV programs and movies that has been written about love. Thousands, millions, billions? The message of love is a major part of our religions and is analyzed by philosophers, psychologists and even scientists. And imagine how many of these that are men. Yes it is also white men who are preaching the messages of love in our churches and who are directing the movies and who are writing the books. There also are a few women "who loves too much" and who write and direct. But many more are trying to heal from what was not love from men. So maybe we we men has confused sex with love. That our hit and run tactics may work for some animals, like spiders when the male is threatened to be eaten alive. And maybe we are as men suffering from separation from our mother – our longing to be loved. But to love is different and the ability to love is what make us human. Women love their children in what Fromm call motherly love, Romeo and Juliet love each other in what Fromm call erotic love. But the concept of love is even greater. Love yourself as your neighbor. Love of God. And it is even bigger. Universal love. This was the concept of love for the original humans living in and with Nature, The love and respect for all living. This very special woman I met in Argentina gave me a book by Richard Bach. It ends with:

*"If you want to be with someone you love, aren't you already there."*

# The Art of Loving by Erich Fromm 1956

*"This desire for interpersonal fusion is the most powerful striving in man. It is the most fundamental passion, it is the force which keeps the human race together....*

*Without love humanity could not exist. Mature love is union under the condition of preserving one's integrity, one's individuality. Love is an active power in man, a power which breaks through the walls which separate man from his fellow men, which unites him with others; love makes him overcome the sense of isolation and separateness, yet permits him to be himself, to retain his integrity. In love the paradox occurs that two beings become one and yet remain two.*

*Love is primarily giving, not receiving. Giving is the highest expression of potency...*

*Whoever is capable of giving himself is rich. ...He gives of himself, of the most precious thing he has, he gives of his life. He gives what is live in him; he gives his joy, his interest, his understanding, his knowledge, his humor, his sadness, he gives of all the expressions and manifestations of that which is alive in him.*

*In thus giving of his life, he enriches the other person, he enhances the others sense of aliveness by enhancing his own sense of aliveness. In giving he cannot help bringing something to life in the other person, and this which is brought to life reflects back to him and they both share in the joy of what they have brought to life.*

*Love is a power which produces love. You can exchange love only for love, confidence for confidence, etc.*

*If I truly love one person I love all persons, I love the world, I love life. If I can say to somebody else, "I love you," I must be able to say, "I love in you everybody, I love through you the world, I love in you also myself."*

# The Sane Society 1955

How can a Jewish – German - American man born 1900 write about love?

Because as Fromm say Love is the most important force and we cannot live without love. Yes – we have heard this over and over again. But still we do not understand.

*“There is only one passion which satisfies man’s need to unite himself with the world, and acquire at the same time a sense of integrity and individuality, and that is love. Love is the union with somebody, or something outside oneself, under the condition of retaining the separateness and integrity of one's own self.”*

*“In the act of loving I am one with All, and yet I am myself , a unique separate, limited, mortal human being. Indeed out of the very polarity between separateness and union, love is born and reborn.”*

Fromm was together with Einstein, Albert Schweizer, Jung and several others of these unique minds of the last century that combined science and humanity. What also was common was that they were very critical to the development in the world and that they all embraced holistic thinking. Fromm say in “The sane society”:

*“Science , business , politics have lost all foundations and proportions which makes sense to humanity. We live in figures and abstractions; since nothing is real. Everything is possible , factually and morally. Science fiction is not different from science facts , nightmares and dreams from the events of nest year.”*

*“Progress can only occur when changes are made simultaneously in the economic, social, political and cultural spheres – any progress restricted to one spheres that is destructive to progress in all spheres.”*

# It's a man's world

The reason it is mainly old white males who are writing about this may be because it is a white male problem. And it takes a lifetime to get this. Ever since the birth of civilisation in Mesopotamia we have had sex, violence, money and some means of intoxication as the main drivers for men. A replacement for what the Natives, Jung, Fromm and others called the four directions. Sex to replace emotions, money to diminish our mental capacity, violence to force the physical world to surrender and intoxication to drown the spirit.

Erich Fromm concludes in "The Sane Society": *"The West develops rapidly in the direction of Huxley's Brave New World. The East is today Orwell's 1984. But both systems tend to converge....In the development of both Capitalism and Communism, as we can visualize them the next fifty or hundred years, the process of automatization and alienation will proceed...This alienation and automatization leads to an ever-increasing insanity. Life has no meaning, there is no joy, no faith, no reality. Everybody is "happy" - except that he does not feel, does not reason, does not love....The danger of the past was that men became slaves. The danger of the future is that men became robots"*

And how right he was 1955 and today. It has happened so fast and yet we have not discovered it. Today's model of society IS the white males world. We control everything.

The big corporations, the banks, the science and the media, Our simple mantra is penetrating the world, buy more and get rich. Sex, violence, money and intoxication is even more the driving force. Instead of love, solidarity, equality and spiritual growth.

We are preaching this as the ONLY religion for the rest of the world. We say we "liberate" our women, but instead we now see them even more as sex objects or if they want to succeed they have to become like us. When we should become like them.

Or more correctly we should all be whole beings in a sustainable world!

# Conclusion from California

So what has all this “mumbo jumbo” about my personal experience to do with global warming? Everything. Because the state of emergency we are facing now is a life crisis and it is not only in our physical world. It is within our mind, soul and spirit.

We need an awakening. We have to re-discover the teachings of the native people. We need to learn from the eastern spirituality and to find our female half. To recover our fundamental values of love and plant this within our soul.

We need to change because we have to.

Al Gore writes in *Earth in Balance – Ecology and the Human Spirit*: *“I have come to believe in the values of a kind of inner ecology that relies on the same principles of balance and holism that characterize a healthy environment.”*

What did I learn from my own experience? Honestly I am still not sure. Maybe that even when I had everything it was not enough. And if you do not have love you are nothing. I do believe that “the Universe” told me to change my life. To reach a higher level of consciousness? I do not know.

But one thing is clear and that is how very difficult it is to change. Mentally I am fully convinced that what we are doing with our civilization right now is so totally wrong and that we have to change. That I have to change. But I have failed in living this change and to alarm others. And so has most of us in my generation. I hope and pray that the generations coming after us, our children and our grand children will evolve with a better understanding and wisdom so they can restore this beautiful planet.



The last Indian



Sequoia the largest



Bristle cone pine  
the oldest



Mount Whitney  
the highest



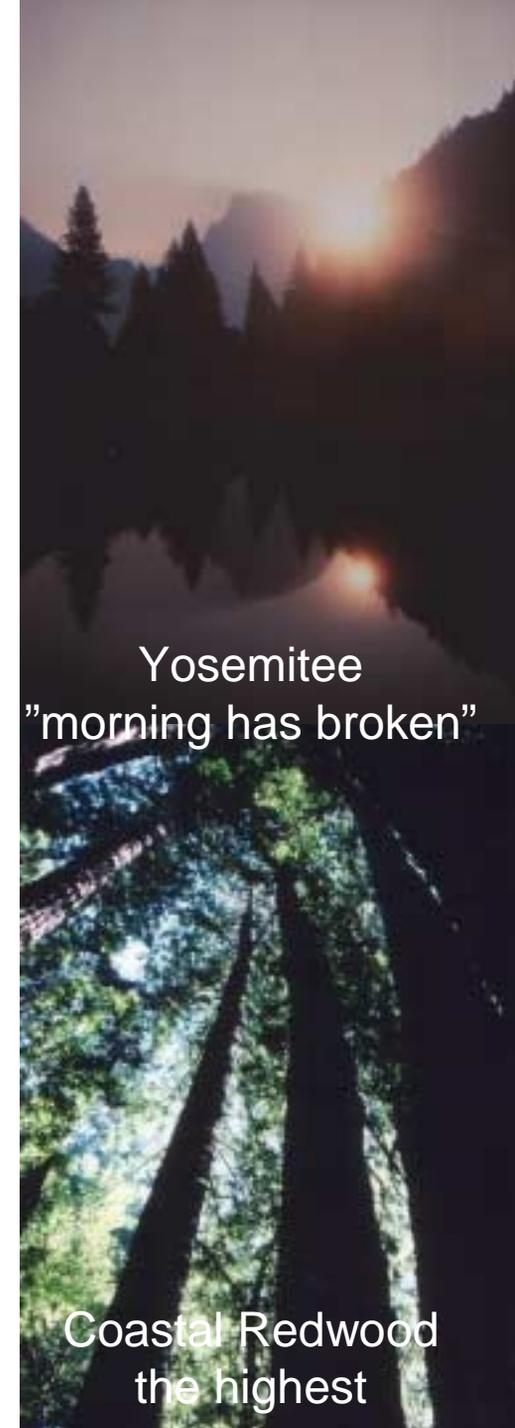
Death Valley  
the lowest

# The lost wisdom

*“All things are connected. Whatever befalls the earth befalls the children of the earth.”* Chief Seattle.

Maybe one of the important thing I did learn in California was how to see the beauty of Nature and the wisdom of the native Indians that once populated this region before we arrived. Their love for Nature and all life. I studied books by both white, red and blended writers. From Kroebers Handbook for California Indian , Forbes Native Indians, The Natural World of he California Indians by Heizer & Elsass, The Ohlone Way by Margolon and Native Roots by Weatherford to more mystic descriptions by Ehamani, Sun Bear, Storm or even Shaman explorations from the original Carlos Castañada to Lynn Andrews.

I went to work shops and retreats. I sat through the hot cleaning Indian Sweat Lodge in the New Age capital of Sedona. To find what we have lost.



Yosemitee  
”morning has broken”

Coastal Redwood  
the highest

# The Circle

The book *Native American Wisdom* is a collection of sayings from a dying people. Malcome Margoolin writes in “The Ohlone Way” about the now vanished native people of the San Francisco bay:

*“A balanced relationship with the environment; an economic system based on sharing rather than competing; a strong sense of family and community; social moderation and restraint....a deeply spiritual sense of the world.”*

These people living with Nature held it sacred. Their God and Great Spirit was not in heaven, God was everywhere. The balance of the Medicine Wheel with it's four directions guided the life. North, South, East, West. Winter, Summer, Spring, Fall. Day, Night, Morning, Evening. Mind, Soul, Body, Spirit. Mental, Emotional, Spiritual, Physical.

Not far from where I live in Sweden there are rock carvings from around 3000 years back in time. The circle and the sun is a common figure. I inherited my great grandfathers “Farmers Almanac”. This describes the cycle of the four seasons and how we should interpret Nature and live accordingly. For thousands of years mankind has developed this universal wisdom – how everything is interconnected and that we need to live in balance.

And in one generation we have have forgot it all!



# A Whole Being

*“Look and listen for the welfare of the whole people and have always in view not only the present but also the coming generations, even those whose faces are yet beneath the surface of the earth – the unborn of the future Nation”*

From Constitution of the five Nations

No I am not preaching “Back to Nature” but I am preaching back to natural thinking. The world of the Native Indians was not always great and peaceful. But still we have so many things to learn from their inherited wisdom. We may be billions of brains with billions of computers today but we still cannot in a few years understand 5 billions years of evolution and not even thousands of years with experience form our ancestors. They were thinking about future generations – we are not.

We have become so utterly single minded and short sighted in our physical addiction. To heal our common earth we first have to heal ourselves.

To find our own balance and the balance with Gaia.  
If not the warning from Chief Seattle seems to e a true prophecy.

*“The whites too, shall pass – perhaps sooner than other tribes. Continue to contaminate your own bed , and you will one night suffocate in your own waste.”*



# Truth, Goodness and Beauty

I have some favorite quotes from some old wise men. I am sure there are a lot from wise women – but not documented and printed for obvious reasons.

*“The ideals which have lighted me on my way and time after time given me courage to face life cheerfully have been Truth, Goodness and Beauty.”*  
(Albert Einstein)

*“For the Universe has three children, born at one time, which reappear under different names in every system of thought, whether they are called cause, operation and effect; or, more poetically, Jove, Pluto, Neptune; or, theologically, the Father, the Spirit and the Son; but which we will call here the Knower, the Doer and the Sayer. These stands respectively for the love of truth, fro the love of good, and for the love of beauty.”*  
(Ralph Waldo Emerson)

*“Without even going out the door. One can know the whole world.”*  
(Lao – Tzu)

# Back home

I returned to Sweden the summer of 1989. Alone, disillusioned and crippled. The only thing I really had done in California was to make a New Age video with my photos and music. My belongings were on their way by ship including many books. I still had my summer house by the lake. Before my stroke and when I was still living in California I had arranged for a group of New Ages nurses to come 14 days to Sweden, stay at my summer house and experience the Nordic Shamanism, folklore and the summer solstice, Nordic mythology and visit Birka, the Viking capital. So they did. Fifteen of them was packed into my summer house! I called one of my friends for help since I was exhausted. He did and is now married to one of them and they have a son.

After another chaotic experience I was totally lost again.

I decided to try working half time in my old profession. My two young daughters helped me to find an apartment and a friend from California came over and helped me to unpack my crates with furniture from Los Angeles. The office of my new job was destroyed in a fire. (A meaningful coincidence ?) I started to read and write like mad. I produced thousands of pages about holistic thinking and environment. About CO<sub>2</sub> and global warming. A series of books about our civilization. The importance of balance between male & female and importance of change. But no one wanted to publish them.

So had I changed? I changed to a new job & tried to use my holistic thinking. With the use of IT, Information Technology build new concepts. Integrate instead of breaking down in pieces. But did I change my life? I started another relationship with another nurse from San Francisco. My mother was a nurse. My three latest relations were nurses. My best friend was a nurse. And all from San Francisco.

# Healing by coincidence?

So I had a new nurse relation and we had an intensive but short experience. We both thought we loved each other. A physical, mental, emotional and spiritual love. She made me a book with her paintings and quotes to guide me through life. Many were the same I had collected. It was not until we had broken up I understood that we were actually mirroring each other. We were very similar personalities. And there was the same problem but reversed. She was already married. We both had to change! She ended her book with a quote from Oscar Wilde; “The final mystery is ONESELF”

So I went through all these relations with nurses who all wanted to heal me while I wanted sex, love? The Universe, God or someone definitely did not think that I was changing. Me neither. On Hawaii I got a new friend. She was also a nurse from San Francisco, but she did not try to change me and we had so much fun. The first woman I loved as a friend – ever. I had introduced a new relation every time I visited my parents. The last time my dad grabbed his camera and took a photo of my new girlfriend while he said: *“When Carl was young he collected stamps. Now he is collecting Ex-wives.”* Two weeks later I met Noemia, my third and present wife. We have been living together since 1990. We met on a blind date arranged by a mutual friend who also had been living in California when I was there. So if I had not gone to California my wife and I probably never would have met. Or if she never had gone to Sweden we would not have met. Or if.....(Meaningful coincidence? ). So life is maybe a result of many coincidences. But it could also be cause and effect of our own deeds. Or is it the result of our own consciousness – the power of mind. Some believe it is planned by the hand of God. Others that we are reprogrammed in our genes. Or is it a result of past lives?

# New job & new wife in a yet a new world

I now finally had a steady loving relationship. Slowly I started to heal. I thought. I even played tennis and piano again when my right hand (and leg) became stronger. I even went up with my male buddies to the Swedish down hill skiing paradise in Åre and tried to ski the first time after my stroke – using the black slope and ending up half dead in the hospital with three broken ribs and one broken arm. (Another meaningful coincidence)

One year later my wife to be and me moved back to her native country Brazil. She symbolizes much more than me the rapid change of our civilization. Her mother is of native Brazilian “Indian” origin. Noemia was born on the country like me but later moved to Sao Paulo and what was becoming the largest city on earth with 20 million people. She actually carries our whole human development within - in just one generation.

I had already lived and worked in Brazil during the 80s so I knew some. The Carnaval...But now I became Brazilian. Allowed to experience yet another culture and another nature. Brazil has everything. The rain forest with all life including the Amazon basin, Pantanal and the coastal mountains. The long beautiful beaches. The mixture of people with all colors. The samba and music. The football and food from all sorts of tropical fruit to hot African “you don’t know what it is.”

But Brazil also a violent country with enormous gaps between the haves and the have not. I traveled in my job all over Latin America from the drug infected but beautiful Medellin to the Sendero Luminoso controlled part of the Peruvian Andes and back through the Amazon rainforest and Pantanal wetland. Evidently someone did not think that I yet had discovered the whole world. Or myself....



# My Brazilian families

I love Noemia, my Brazilian wife. I love the Brazilian Nature, the biodiversity of everything; plants, animals, food, music, dancing. But especially I love the Brazilian people. I made my own friends. Through my Brazilian wife I got a new extended family. And I got a new home country. We have since long been supporting children in Brazil. We have a special sponsored child and a godchild. Through Noemia's best friend who works with the favela children we try to help. But Brazil needs to find it's own future.

We communicate sometimes with normal mail, mostly with e-mail but now also with Skype. With our new Information and Communication Technology we can have a global extended family with minimum energy consumption and pollution. But when we need to physically go to Brazil its is very costly – for the environment.





# Ailton Krenak – Brazil Indian Nations

*“My people have lived in this place for a very long time, since the time when the world did not yet have this shape. The forest people hold the memory of the creation of the world, of the fundamental principles of life. We feel we have to keep civilization from offending nature.*

*All of us still carry the memory of the day when the world supported all of its people – feeding us, taking care to us, putting us to sleep with songs of the birds, rivers, waterfalls and forests. Each season taught us there is a right time for every activity.*

*We want to shown the people of the city that it is possible for the human race to achieve their adventure with nature still alive. We want to build in the hearts of the people of the city a beautiful forest, made of friendship, music, and celebration.*

*Then we can pacify their spirit, so they can live with the people of the forest. This is our message.”*



# Our home by the lake

Both Noemia and I have had many relations and many homes. This is now our home. From the original summer house for the generation of 1968 we have modified, painted and extended it to be exactly what we wanted it to be. No luxury but made for us, our extended family, our relatives and our friends. We have been searching for something all our lives and it took us both a long journey to get here. But now we are home.

We have deer, pheasants and other birds, squirrels, fox, wild boar, badger and even occasionally a moose crossing in front of the house. We pick blueberries outside the house to make blueberry pie and black current to make black current jam. We eat the wild straw berries with our breakfast yogurt. In the summer we can also take the boat or the canoe to a deserted island with pristine nature. Open a bottle of wine and have some cheese with it. Tie a Brazilian hammock between two trees and meditate while watching the leaves and the sky. In the winter we can walk, ski or skate to the same island and make a little camp fire. But this year we could not.

Because for the first year ever recorded the lake did not freeze. We did not have any winter due to the global warming.

So we cannot hide in our home. We are all related!

We all affect the whole and the whole us.

# This is Västra Myrskären 20



The islands of Myrskären





# Reducing carbon imprint

We live and work in different places but this is our real home and oasis by the forest and the lake Mälaren, but still within commuter distance to Stockholm by train. We are now trying to reduce CO<sub>2</sub> emissions with more efficient energy management such as better insulation, new air filter room, three glass window with gas for zero losses, air heat exchanger, heat pump, water based heating with accumulator tank and combined electricity and wood fuel from own trees on the property. We live in a community of 40 families with own water supply from the lake and own well besides the normal supply.

We have a contract for “green” electricity from hydropower. (You can sign such a contract in Sweden) We are also planning to install solar cells. We can pick berries and mushrooms in the forest outside our house and we grow own vegetables. We base our food on vegetables and fish – locally if possible. But we still have to change a lot in our lives and it is not always easy. Unfortunately we are still travelling a lot in work and since our families are spread out in the world and in Sweden. We furthermore now work two hours away where we stay in a small apartment. We have however only one small car which runs on Alcohol (from Brazil) – better than oil but still not enough!

All equipment is manual or electrical including a chain saw and lawn mover. The boat has a small 4-stroke motor with only six horse powers so we in total use less than 10 litres of gasoline per year. We have broadband and wireless LAN (So we can read the newspapers and listen to the radio from almost any country) and we use Skype phone to be global at home. Still we are not near the low energy and sustainable life style we all need! For this we ALL need to change the very model of our society – NOW!

# Iceland – A new model?

When I went to America 1969 I followed the old Viking route and later I have been back – latest in April 2008 to this volcanic Island with rough climate. It is located on the Mid- Atlantic ridge where the continents of America and Europe drift apart. This makes the Island full with hot springs and thermal energy.

The Vikings that left Norway to build their new world on Iceland established the oldest known “parliament”, the Ding from 930 to 1798 when the Danish king became the new ruler. The old Norse is still spoken and recorded in the Sagas and the Eddas. Havamal – The Viking guide how to live and the Nordic “Tao”.

In the year 1000 Leifur, son of Erik the red a Viking living on Greenland became the first known European to set his foot on America. = Vinland. Gudridur Torbjörnsdotter, the widow of Leifurs brother established the first settlement and her son Snorri was the first European to be born in America.

Today Iceland is the highest ranking country in the world on UN Human Development evaluation.



Tingvellir with Allting 930 to 1798



Geysir



Gullfoss waterfall

# Renewable Iceland for all?

Iceland is not only No 1 on the UN ranking it is also a small country with only about 300 000 inhabitants. Everybody lives near the Nature and everybody eats fish - almost. But this is hardly a paradise for anyone. After the original Vikings cut down most of the trees and the sheep took the rest it is a bald but bold Island. Although Iceland is being criticized for killing whales it is today maybe the only country in the world with a sustainable fishing. And sustainable energy!

Renewable energy in Iceland has supplied over 70% of Iceland's primary energy since 1999. Hydropower and geothermal energy supply more than 99% of the electricity. Almost all houses are heated from thermal energy and community hot pools are available in many places. In addition heated green houses can produce local vegetables. But Iceland is still a large consumer of oil since basically every family has a large four wheel drive truck to manage the rough roads. However the country expects to be energy-independent by 2050 producing hydrogen for cars, boats and public transportations.

There is already this possibility with the world's first hydrogen fuel station in Reykjavik. So Iceland has the potential to be a sustainable society but...most people like to fly on vacation to warmer places, buy imported cars and "things" and the country has financial troubles after it's banks went global. So this model may work for a small island with a small population with own resources – But not for 10 billion people with 50% living in big cities.



# The Simple Hard Facts

It is very, very simple. In one generation, my generation we have increased the consumption of fossil fuel enormously – in what is called exponential growth.

This has caused the same enormous increase of pollution in different forms. Carbon dioxide, CO<sub>2</sub> is just one, but because of the large quantities it is the main cause of the global warming now threatening life on earth.

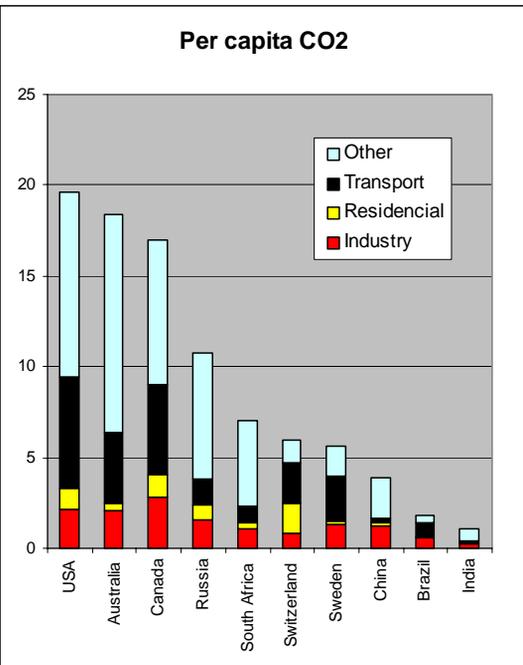
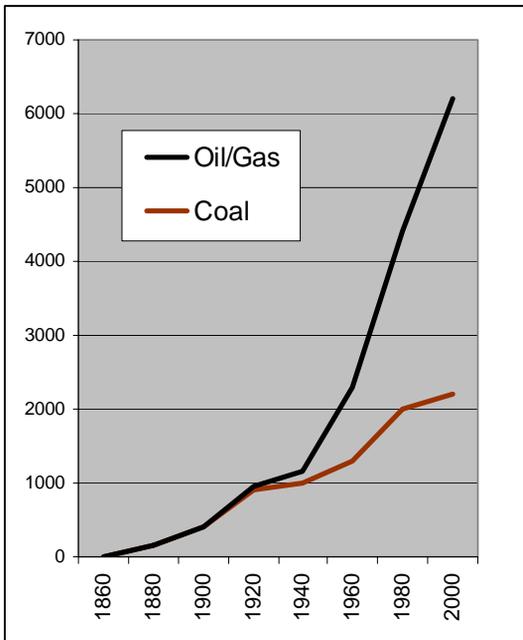
We, the rich people of the western world with United States in the lead are responsible.

But the CO<sub>2</sub> is just one of many gases we pollute with.

Our Hamburger meat eating culture and increasing use of fertilizers has with the same exponential speed resulted in Methane and N<sub>2</sub>O gas which is 23 and 296 times more potent compared to CO<sub>2</sub> for global warming.

We have during the last 30 years produced a number of artificial gases that never before was present in the atmosphere. Some of them are causing the Ozone hole and others has hundreds or even thousands times higher Global Warming Potential.

**It is not rocket science to figure out that what we are doing is totally unsustainable! But what is a total mystery for me is that we still continue down the same road!**



# Our common future

The global warming is unfortunately only ONE of the effects of our consumption life style. Smog, DDT, mercury, lead, fertilizers, various gases are other pollutants detected when the damage already has happened. Right now we are introducing hundreds of new substances and we not a clue about their long term effects. We cannot even spell to long term when we are hypnotized by the stock market index minute by minute. We live as there is no tomorrow. And we are a few “fortunate” who are destroying earth. Because the paradox is that also we who are fortunate suffers from our “progress” – we eat too much and we move too little so we get fat ( I am), we work too much and get stressed so we end up with all sorts of diseases, Maybe it is OK that we miss the winter and the glaciers and maybe it is OK to watch Penguins and Tigers on TV. But it will be a very lonely planet!



# The problem to change

I am a successful and rich white male. I have been flying around the world staying at luxury hotels, driving big cars and eating beef like other successful white males. So I am one of those who are extremely responsible for this catastrophic development. I am now reaching the age of 60, so I am experiencing my “sixty years crisis”. I will soon retire and I will be looking back at the legacy of my life. What have I done right and what have I done wrong. The same questions are valid for our post-war civilisation.

**When I look at the result of what we have done I am ashamed. I am also scared.**

But mostly I am angry. How the hell could we be so stupid to do this. And why do we not change this road to hell. We are going in the absolute wrong direction and we increase the speed. The reason is that it is so very difficult to change. At least this is what I have experienced. I can naturally blame our present civilisation. Designed for and governed by rich white men like myself. We are mentally imprisoned into a system when we have to grow by competition to make more money. This means we need to “expand the market”, merge and buy others until we have these huge global enterprises with no other goal than to become even bigger – give ourselves higher bonuses – make more money - so the stock value goes up – so we can make even more.

A reality when short term profit rules and any long term effects are forgotten.

But what is civilisation?

It is ourselves. We can never blame somebody or something. We are responsible.

The problem we have is that this “Mantra” now rules everything. Globalization, deregulation, privatization etc. is used to justify this single minded system designed by and for us rich white males. All media and politicians repeat the same mantra –

**We need to consume more and more or else....**

# Going backwards

Our inability to change results naturally in that the deterioration not only continues – it is going even faster. Even though we now finally understand the problem we have not been able to understand that it is a consequence of our life style.

Sweden has been a very fortunate country not to have participated in any of the two world wars. Sweden has also been in the forefront in equality and solidarity with less difference between rich and poor and larger equality between men and women compared to most countries. In addition Sweden has been very active in protecting the environment. This has put Sweden among the highest ranking by UN measured by the Human Development Index. So I have always been proud of my home country. But then something started to change. We got spoiled. The wealthy wanted even more. Income gaps increased. We were told to adapt to the common market. Often that meant to weaken the environmental legislation and “privatize” our common activities. This “privatization” and “deregulation” of state and community controlled activities meant a further centralization since they often were purchased by large corporations in other countries. The Swedish model were for sale to the market.

A new government started repeating the same words from the Reagan/Thatcher era. We need to reduce the taxes and reduce the interest rates so people could consume more. So people did. They consumed more meat, more cars more everything.

I recently saw an interview with the Swedish minister for the environment. He was defending the fact that the government and the administration radically had increased their travelling by airplane causing a significant increase of CO<sub>2</sub> pollution with

“We need to travel more because we are part of a global market”.

It is embarrassing to see this incompetence, stupidity and inability to change.

# The lack of balance

Very few if any are sad over the break down of Soviet style communism.

But the problem is the total dominance of the present “New World Order”. There is no longer any questioning or critics against the ONLY way. There is NO alternative to our new religion with the Market as our only God. Fromm concluded 50 years ago that *our society is governed by a bureaucracy of managing directors and professional politicians. And people are willingly following the slogans of mass suggestion the road with only to goals which are the end itself – to produce more and consume more.*

*Fromm also ask the fundamental question that if the present system is guided towards maximum short term gain for the individual how is it the possible to build a world with love for all it's beings today and in the future.*

We are travelling in the wrong direction. Individual gain today instead of common best tomorrow, privatization instead of democratization giving huge transnational corporations instead of small regional enterprises, exponential growth instead of sustainable balance, hate and war instead of love and solidarity. **We are totally out of balance!**

We rich white men who has created these disasters with the colonial oppression, the two world wars and now the environmental crisis cannot fix this with the same thinking and with more of the same medicine – Naturally not. And we are so very single-minded that we are incapable to change by ourselves That is why my firm belief is that the women of the world carries the only solution for survival. And I do not mean women who are “successful” adopting to the rules of our present male game but the female part of our common personality representing the love, integration and long term care.

**We need to find our way back to the common values that has made the human race successful in evolution. A world based on love and solidarity, not ego and competition.**

# Globalization is important

Globalization is important. But not in the way that we shall make the whole world to obey our new common religion to produce and consume more, and more. Instead globalization with the meaning of global holistic thinking. Because while earlier environmental “problems” with pollution has been mainly local or regional today's pollution is global. When you drive a car in California you affect the weather in Africa. When you eat a big steak in Australia you affect the living conditions in India. This is both a strength and a weakness. The strengths that we are all sitting in the same boat.

We HAVE to work together to reduce the devastating effects now facing us.

The weakness is that we can not directly see the result if we do change our way of living. We have now for the last decades been brainwashed with the “What is in it for me” none-ideology so it is difficult to all of the sudden start acting for the common best. Al Gore is now proposing an advertising campaign to inform the American people of this threat and this is good step. But the massive indoctrination that we should buy and consume more is overwhelming. The change in attitude we need is enormous. It means that we actually recognize that the direction we are speeding right now is totally wrong. And to turn around we need a new generation of leaders who represent our common values and our common future. This is a spiritual, emotional, mental and physical revolution. The solutions and activities have to be local and regional.

It has to include ALL aspects of the way we live. So it is possible?

YES, when considering that we have managed to indoctrinate almost a whole world to eat hamburgers, drink coke, wear blue jeans and sit for hours in traffic jams just to get home to crash in front of the same reality shows on TV we should be able to convince the new generation to live a fulfilling and sustainable life!



# Our choice

Our choice is simple. We can continue today's high energy & growth economy driven by money, sex, violence & drugs or...

...we can as fast as possible change to a sustainable lifestyle. The change is going to be radical in our minds because right now we are moving exactly in the wrong direction with globalization, centralization, standardization, short term profitability, increased consumption when we instead need local adoption, decentralization, biodiversity, long term planning and recycling.

The good news is that we have the knowledge and technology to do so. We did also just a few years ago live in a low energy society – and we were satisfied.

So the change is really in our mind, soul and spirit.





# The four elements

I am often returning to the Medicine Wheel of the Indians living with the Nature, The Magic Circle, The Mandala because it is so clearly describe the balance of life.

I inherited a book from my forefathers. The farmers almanac from 1824. This describes in the same way the four seasons and the four elements which each man consist of. Earth is autumn, dry and cold; Water is winter, wet and cold, Spring is wind (weather) warm and wet, Summer is Fire, hot and dry. This almost 200 years old book then states all the signs in Nature that predicts different temperature and climate. And it did so fairly accurate.

Today we describe Nature differently broken down into atoms and elementary particles we still are taking about the four elements – or forces renamed to; The weak and strong interaction, gravitation and electromagnetism. And we have enormous computing power to simulate the world. But do we really understand better what is really happening and can we better predict the weather next week? In our search for the details we have lost the ability to see the whole.

# The Paradigm shift = Back to the future

In Swedish there is an expression , “Speed blindness”. It means that when you drive very fast you loose the feeling of speed. You just increase and you no longer can see the world around you. And this is what we have done. We do not need new technical inventions or a paradigm shift to “save the earth” . We just need common sense.

We did live a sustainable life just a few years ago. When we very satisfied with what we really needed. When we produced what we consumed. When nothing was wasted. Now we have a model where we stimulate over consumption to create this dream about indefinite economical growth when we are building our tower of Babel into the heaven.

We have designed a consumption machine where we now create demands instead of satisfying them. Where we develop products not to make people healthier and happier but to make them to want more – to buy and to consume.

The worst thing that could happen to our present economical model is if everybody started to grow and cook their own food, take the bicycle to work and the canoe to go camping on their vacation. Because this would reduce trade, GDP and create an economic depression.

We already have an amazing technology to make our lives much more interesting and allow us to work less but instead spend more time in Nature, with our family and friends.

A world of love. But we are totally locked within our old thinking of material growth. At least or leaders are. Our white male high income leaders. If we are going to “save the world” we first have to save ourselves and change to a sustainable leadership.

This is your mission to do – because you have to!

# The Paradigm shift = Back to the Nature

With this I do not mean the old Rousseau “Natural man” that we have been spoiled by science and has to return to the beginning. Naturally we cannot. The development of science and technology during the last 200 years IS part of the evolution. But what is true is that we during this process has been alienated from Nature – from our origin. Today more than 50% of all humans live in cities. Many of us breath bad air sitting for hours in traffic. This disconnection from the Nature we all are part of is a big threat. Because if we do not love Nature why should we change our living to “Save Gaia”.

I was very lucky to have been born in the country because this has engraved nature in me like in many others from my country. I have lived in Los Angeles and Sao Paulo for several years, but the only time I felt peace was when I could leave this urban chaos and get out into Nature. When most people went to Las Vegas to gamble I went to Death Valley to listen to the silence. I love all sorts music from jazz and rock to samba and folk music but I cannot understand how we can plug our ears with it. The new generation now growing up in our urban world may not understand that when a butterfly open the wings in Sweden it will rain in California. We are connected and we are made out of the same stuff; earth, wind, fire and earth. We have to rediscover what our ancestors knew.

That we are ONE.



# Silent Spring from 1962 - 46 years ago

*“Those who contemplate the beauty of the Earth find reserves of strength that will endure as long as life last.*

*There is symbolic as well as actual beauty in the migration of birds, the ebb and flow of tides. the folded bud ready fro spring. There is something infinitely healing in the repeated refrains of nature – the assurance that dawns comes after the night and spring after winter.”*

(Rachel Carson)

I have been very fortunate to meet so many loving women who had the abilities that we men are lacking. So this is for you! Women are half of us in numbers but not in deciding our common future. You should. Rachel Carson was the first to warn for the environmental disaster on its way. And she was a woman. Since then many white males has been writing thousands of books about technology, economy, management and even environment. But there are very few female voices heard telling us how they would save the world if they got the chance. And if we are going to have the smallest chance to turn this around we need you! because we are stuck within our box unable to change our way of thinking– and it is getting hot in hear.

I have found a few words of wisdom that I want to share with you.

And I hope to see much more words and actions!

# From 1988 – Twenty years ago

*“We shall find that a small amount of wisdom is more valuable than was quantities of knowledge. ..To ensure peace with man we must be prepared to be the first to love and to love universally. To secure future peace with nature we must be the first to act, each of us in our own way”*

*(Diana Schumacher – Our children's children)*

*“The carrying capacity of Earth is not infinite, nor are its resources....We have acquired much technical knowledge and our ways of life have been revolutionized – at least in the industrial world. But thinking has remained the same; there is no new thinking, no redefinition of old and outdated concepts. What is needed immediately are short-term survival strategies ....even short-term solutions require such as reversal of old and outdated political thinking that they approach the long-term change needed to ensure survival.*

*What is needed, urgently and immediately, is a new global thinking, in the enlightened self-interests of all nations, a revival of multilateralism of the United nations.*

*This would represent a “Copernican leap” for which I am not sure the conditions are present. Sometimes I think that a popular uprising is what is needed in order to bring about the necessary and urgent changes in our behavior and action. We live in a period of grace – for how long, no-one knows.”*

*(Inga Torsson – Short term steps for survival)*

# From 1988 – Twenty years ago

*“Present trends and policies can not continue. They will destroy the resource base on which we all depend.... Threats to the environment are becoming global in scope and devastating in scale....We need a new vision, a new courage, and a stronger political will and determination. We need a new global ethic.”*

(Gro Harlem Brundtland – Civilization in crisis)

*“When we attempt to get rid of such things as racism, or sexism or poverty, we must also look at their structural underpinning – a system of deeply rooted patriarchy... This is a hierarchical system of domination, suppressive to women and restrictive to men. Patriarchy, centralism, hierarchy and deterrent thinking shows themselves in all areas of our lives, our daily work, in our political, economic in social structures.*

*I believe that norms of human behavior can and do change, and together we can change these patterns of dominations well, applying the pattern of holistic thinking to one another.“*

(Petra Karin Kelly – The roots of conflicts)

# From 1992 – Sixteen years ago

*“Creating an effective system of international environmental governance is a formidable challenge on the path to a sustainable future. It will require wide departures from business as usual. But there is little choice. Unless government moves quickly, the world faces a future of climbing global temperatures, depleted fisheries, reduced agricultural yields, diminished biological diversity, and growing human suffering.”*

(Hilary F. French – State of the world)

*“Eliminating these threats to our future requires a fundamental restructuring of many elements of society – a shift from fossil fuel to efficient solar based energy systems, new transportation networks and city design to lessen automobile use , redistribution of land and wealth, equality between sexes in all cultures, and a rapid transition to smaller families. It demands reduced consumption of resources by the rich to make room for higher living standard for the poor.*

*And with current notions of economic growth at the root of so much of the earth ecological deterioration, it calls for a rethinking of our basic values and visions of progress. Extraordinary change is possible when enough courageous people grasp the need for it and become willing to act.”*

(Sandra Postel – State of the world)

# Our common journey – 5000 years ago

We all go through the same journey. Generation after generation we are searching for something. From our mother's love to other women's love, To conquer Nature and other men, build our big cities and make our fortune, become like God and have eternal life.

"The Epic of Gilgamesh" is an amazing story from Uruk in Mesopotamia and the birthplace of our civilization 5000 years ago, because it is telling exactly this journey.

*"This was the man to whom all things were known; this was the king who knew the countries of the world. He was wise, he saw mysteries and knew secret things, he brought us a tale of the days before the flood. He went on a long journey, was weary, worn-out with labour he rested, he engraved on a stone the whole story."*

Gilgamesh covers the same fundamental questions that reappears throughout history. It describes how Enkido, the Natural man living with animals in the forest and like Adam with Eve he is converted to civilization by a woman. *"She was not ashamed to take him, she made herself naked and welcomed his eagerness; as he lay on her murmuring love she taught him the woman's art. And she said:*

*Why do you want to run wild with the beasts of the hill. Come with me. I will take you to strong walled Uruk... There the people are dressed in their gorgeous robes, every day is a holiday, the young men and the girls are wonderful to see. How sweet they smell....Enkido, eat bread, it is the staff of life; drink the wine, it is the custom of the land...So he ate till he was full and he drank strong wine till he became merry."*

Thousands of years before our Bible this tells the same story how man is separated from Nature and also separated from farming to move to the big and sinful city.

# Man's destiny?

In the city of Uruk Gilgamesh won the battle over Enkido, the strongest natural man and Enkido became his servant forgetting his old life in the forests and talking to the animals. Together they went out to conquer the world to “The Country of the Living” or the big forest to fight what they described as “Evil”.

*“Now the mountains were moved and all the hills, for the guardian of the forest was killed. They attacked the cedars,...they pressed on into the forest...and while Gilgamesh felled the first of the trees of the forest Enkido cleared their roots as far as the banks of Euphrates.”*

So now Gilgamesh was the king of the world that had conquered Nature. In the following story he is punished when he rejects Ishtar, the Goddess of love. His servant Enkido is dying and on his deathbed he longs back to his Natural state before civilization.

A confused and troubled Gilgamesh then goes on a journey to find everlasting life. One God ask him: *“Why is despair in your heart and your face like the face of one who has made a long journey?”* ...*“Because of my brother (Enkido) I am afraid of death, because of my brother I stray through the wilderness, and cannot rest.”*

*“Gilgamesh, where are you hurrying to? You will never find that life for which you are searching. When the gods created man they allotted to him death, but life they retained in their own keeping. As for you Gilgamesh, fill your belly with god things; day and night, night and day, dance and be merry, feast and rejoice. Let your cloths be fresh, bathe yourself in water, cherish the little child that hold your hand, and make your wife happy in your embrace; for this too is the lot of man.”*

# The secret of the gods

There are many parallels with the story of Gilgamesh and our own Bible. One is the Great Flood. Utnapishtim is, the survivor of the deluge who lived in Dilum, the Sumerian version of the Garden of Eden. Gilgamesh words to Utnapishtim when he finally meets him relaxing on his back in the grass is:

*“It is to see Utnapishtim what we call “The Faraway” that I have come this journey. For this I have wandered over the world, I have crossed the seas,..I have killed the lion and the panther, all sorts of wild game and the small creatures of the pastures. I ate their flesh and I wore their skin; and that was how I came to the gate of a young woman; the maker of wine...From here .... I crossed over the water of death. Oh father Utnapishtim, you who have entered the assembly of gods, I wish to question you concerning the living and the dead, how shall I find life for which I am searching?*

Utnapishtim: *“There is no permanence. Do we build a house to stand for ever...It is only the nymph of the dragon-fly who sheds her larva and sees the sun in his glory.*

Gilgamesh asked Utnapishtim how it is possible to obtain everlasting life. He answers:

*“I will reveal to you a mystery, I will tell you a secret of the gods”.*

Unfortunately this secret was never found on the clay tablets. But a horrifying description of the Flood was found, almost identical to the Bible.

*“The uproar of mankind is intolerable and sleep is no longer tolerable by reason of the Babel. So the gods agreed to exterminate mankind.”*

Famine, draught, pestilence and then the deluge. So he was told by the gods to build a boat with seven decks, and he did in seven days. He brought his family, wild and tame animals on board. The big storm came and after the seventh day he sent out a dove and then a raven who did not come back.

# The great deluge

So now we are once again building our big boat waiting for the storm and big deluge. Our journey is once again teaching us the same lesson but we have not yet learned to listen. I am repeating this over and over again. It is our generation, and especially our generation of wealthy, white men in the Anglo-American empire now ruling the world who are responsible for this unprecedented crisis. We cannot save the world by preaching more of the same. But we still do! And we think we are right!

It is we - “the stupid white men” in the words of Michael Moore who with colonialism, slavery and war has conquered the world and made it according to our dreams. And it is we who are polluting it, exterminating plants and animals, changing the climate back to age of the dinosaurs. We have been so extremely successful that we have managed this in one generation of mankind. Now we think we can teach the rest of the world about our solutions. We shall “export” new technology to the “emerging markets” so they can be taught to live a sustainable life. Build more wind and hydro power. Pump carbon dioxide back into the ground. Grow more plants for biofuel. And let the almighty “Market” solve this so we can continue to be multi billionaires. How can we teach them when we have failed? It is we “stupid white men” who has to change.

In one generation we have changed from a rural world to an urban world. The same as in ancient Uruk. So this dilemma of separation is not new. But the scale is new. It is global and affecting everything. Maybe this is the real meaning from God and Gaia. To teach mankind that we are ONE, that we belong to the same Earth. To bring us back together. At least I hope so.

# Titanic

In one generation we have been on this westbound ship with the rich on the top deck and the poor down below. Now we are traveling in darkness and although we know there are icebergs out there we are just increasing the speed and the music from the band. This process of male dominance with war, sex, money and drugs has been part of our civilization since Babylon but never so dominating as today. We call our time *post war*, *post modern*, *post industrial* and even *post capitalistic*, but no one seem to be able to tell us what it is. Where are we going? What is our common goal for humanity, for our children? To destroy the earth? I don't think neither God nor Gaia will allow this.

Although we call the time after 1949 the postwar era it has been full of wars. We are now fighting the greatest war of all, the war against Gaia and this we can never win.

“We are looking for the enemy but the enemy is inside” (Apocalypse Now) is very much true for today when we are looking for “terrorists” everywhere when we are the real terrorists. The fundamental “development” for our generation was not airplanes or computers but that we became consumers instead of creators. We no longer lived on farms and we no longer were mending our stockings or bicycles. We throw them away and we bought new. Media, businessmen and politicians tell us us to consume more.

The big corporations separated product development, production and distribution in different continents depending on where it was cheaper and where the market was. We are no longer farmers, we are not workers as a trade, we are not even “engineers” because we can be replaced by anyone anywhere. But we are ALL consumers.

And now we see the result – increased pollution of everything, lack of many resources, extermination of fish biospheres, sky rocketing food prices – but we do not react!

We are watching the same shows and ads on TV, and we go to the same shopping mall

# Denial and Deception

The conclusion of my journey through the world and my own life is that we have reached the end of our present civilization – a civilization created by white males for white males.

My conclusion is also that the same white males who has created today's world is unable to change it in another direction to a sustainable society made for all human beings, animals and plants. We are too focused on growth, our own gains and to be "right". I can base this conclusion on the fact that I have been working internationally in about forty years as an engineer and businessman. And I have had several positions in upper management. Naturally there are exceptions but the great majority of us are totally blocked inside our old box. We are suffering from denial. At least if we are a successful white male living in the rich world. We are blind and deaf for the reality.

The biggest problem is that despite the overwhelming facts about the crisis facing us we come up with all sorts of excuses. *This has happened before. The world has been warmer before. All scientists do not agree. Technology will solve this. It does not matter what we will do since China and India are so big.*

Our media is embedded in the establishment focusing on everything else and especially the stock market. – News is also for sale, opinions are when politicians are marketed according to opinion polls. Market is God! When headlines appears it is to criticize Gore when he flies or that ethanol is no better then oil since the food prices now go up. And big business are all changing their ads so even the car and oil business now look "sustainable". This is what is called "mass deception". To convince us that something is improving when the same establishment with the same "rules" continue as before.

We need a new generation capable of a different way of thinking and with different values and visions. And this generation has to include the female part of us.

# The change

How can we see a common future with the necessary change to a sustainable life style when we at the same time are accelerating in the wrong direction, when USA and many other already rich countries are increasing the consumption and pollution, when the white western world within NATO now has 90% of the military force on earth and when numbers of billionaires now are accelerating in the converted countries of China, India and Russia – becoming part of the ONLY way. These “decision makers” are less than 1% of the worlds human population and just a spit in the ocean compared to all life.

These few individuals driven by their growth mantra can not “save our world”.

The change has to come from you. The change has to be in all four directions – spiritual, emotional, physical and mental. The change has to be driven by those who have not been compromised in leading us in the old direction and who now say that “the market” can solve this and that “this will not cost anything” because with new technology we (they) can continue with BAU – Business As Usual. We cannot!

We need a new human alliance, driven by None Profit and Religious Organizations in all countries and all people including the 50% women, the 80% in the “developing countries” (What we now call “emerging markets”) for our children and our children’s children. We should naturally use United Nations and our present democratic means within our parliamentary system. But the real decisions today are not there.

This is why we need this “holistic revolution” from the grass roots. In same way we did when we worked together for democracy we now have to work together for Gaia.

# The mystery of life

The development of science and technology since the time when my own great grandmother was born has been tremendous. It has given humanity so many new possibilities to live a fulfilling and peaceful life – so different from earlier generations. And it has, at least for some of us. We live longer and we can do everything we want.

But this has been done to a very high cost and with many excluded.

These achievements have been done when our scientists thought they had discovered the way our Universe was designed. Like any small boy we disassembled the world in smaller and smaller pieces reducing it to an enormous Mekano. With this we have been able to explain many things – and we even believe we can describe the creation of the Universe and the development of life. But we can never penetrate the mystery of life.

What is the driving force behind the evolution or if we prefer the creation by God.

To destroy the other species and Gaia? I don't think so. The biodiversity of flowers, oceans and animals is with their beauty, goodness and truth is a sacred experience.  
Nothing that we create and build can compete with even a fraction of this natural world.

The problem is NOT what we can do with technology but if we can restrain from. So instead of dismantling this world we have to start integrating and making ourselves whole again as part of our planet – not separate ourselves from it.

We are connected via Internet, mobile phones and television networks but we are still disconnected from life itself. So we are back to the eternal question.

What is the meaning of life? This is a question our male left brain can not calculate. So as an advice for your own journey through life I will quote one of my female teachers:

*“I do not think – I act with my heart”*

# The General Store

The old Öhlen's general store and bakery is today owned by Carl and Noemia Öhlen. We use it for exhibitions of Noemia's paintings, Carl's photos and information about our environment – including global warming. 2007 we had a family reunion with almost 100 persons from the Öhlen and Högstedt family at Anton Öhlens 86th birthday. And the farm is still there owned by Gulli and Mari. The decentralized and sustainable life from the farming community is long gone - but we have a lot to learn from it.



# About the author's family



Henrik  
1855

Brita Christina  
1833



Jakob Alfred  
1867

Kristina Josefina  
1882



Jakob Anton  
1921

Ann Mari  
1921



Carl Gustaf  
1949

Ann Beate  
1949



Valter Gustav  
11/2 2005



Anna Kristina  
1977



Alice Beata  
2/8 2007



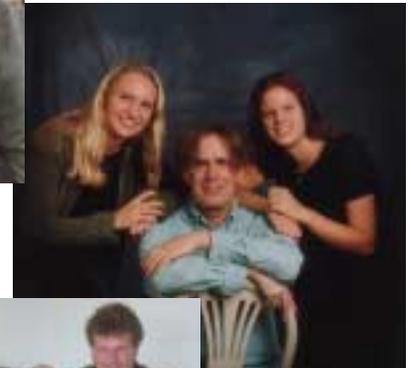
First wife Jane



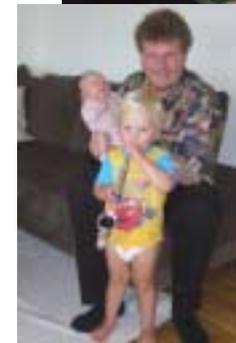
Second wife Ambi



Present wife Noemia



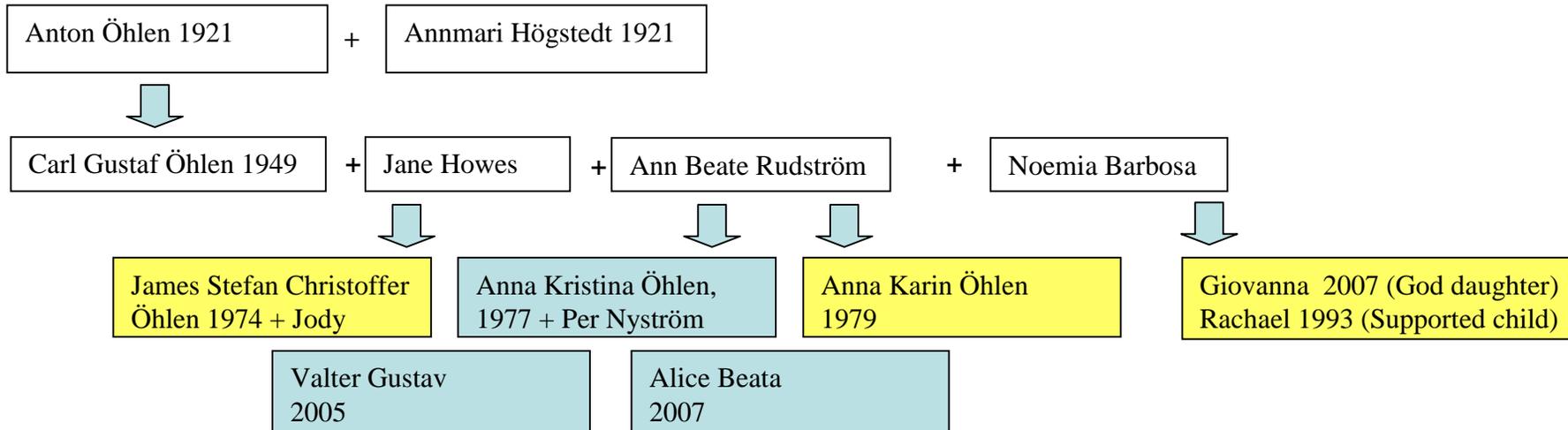
Children:  
James (1974)  
Kristina (1977)  
Anna Karin (1979)



A proud  
grandfather  
with Valter  
and Alice

Six generations

# About the author's extended family tree



The Swedish family



The Brazilian family



# The new generation



Kristina 1977, James 1974, Anna Karin 1979



Valter Gustav 2005, Alice Beata 2007



# About my children

This is really intended for you! James, Kristina and Anna Karin. And your children. And their children. You are the new generation who has to sort out the mess we have created. I have no wisdom to give you other than the insight that what I and my generation has done is totally wrong. We have severely damaged Gaia – our Mother Earth.

I am an engineer and together with a generation of many other “believers” in our new science and the mighty market we actually thought we understood and could control our world. But we could not!

Anna Karin you are a psychologist, Kristina you are a dietician and James you are inventing a role playing universe. What a perfect combination to find a new way of living.

Together you have the knowledge and the vision to start your own journey to find a new pathway to a sustainable life in harmony with everything. Because you have to!

## Best Role-Playing Game

Star Wars: Knights of the Old Republic (PC, XBOX)

Publisher: LucasArts  
Developer: BioWare  
[CHECK LATEST PRICES >>](#)

**WINNER**



### Star Wars: Knights of the Old Republic

What do you get when BioWare is let loose with LucasArts' rich Star Wars universe? An RPG of epic proportions! We were there for an E3 press conference where *Knights of the Old Republic* was shown for the first time.  
By - [Bryn "hardcore pawn" Williams](#)

BioWare and LucasArts revealed their brand new RPG at an E3 media event today based on the hugely popular Star Wars universe. *Knights of the Old Republic* is a 3D RPG played in the third person perspective where the player is immersed into the Star Wars universe, some 4000 years before the episodes we all know and love took place. BioWare's Casey Hudson and James Ohlen were at hand to show off some of the character models, concept art and initial levels in this promising single-player romp, while the select onlooking crowd got sucked straight into a spaceport found on the planet Tatooine, one of eight worlds featured in the game.



BioWare's James Ohlen

# About the author Carl Öhlen



I was born 1949 in Östanå, (East of the river) a small village in Northern Sweden. I spent most of my childhood on the family farm (since seven generations) and in my parents general store. The revolutionary year of 1968 I moved to Stockholm to study and graduated 1973 from the Royal Institute of Technology with a Masters degree in Electric Power Engineering and additional Environmental technology from University of Stockholm.

Since then I have worked internationally in more than 70 countries within the electric energy sector including being vice president for a large transnational company. I have written and participated in several books about power engineering. At present I am employed by an international research institute within electrical energy technology involved in wind power, fuel cells, energy efficiency and efficient power transmission.

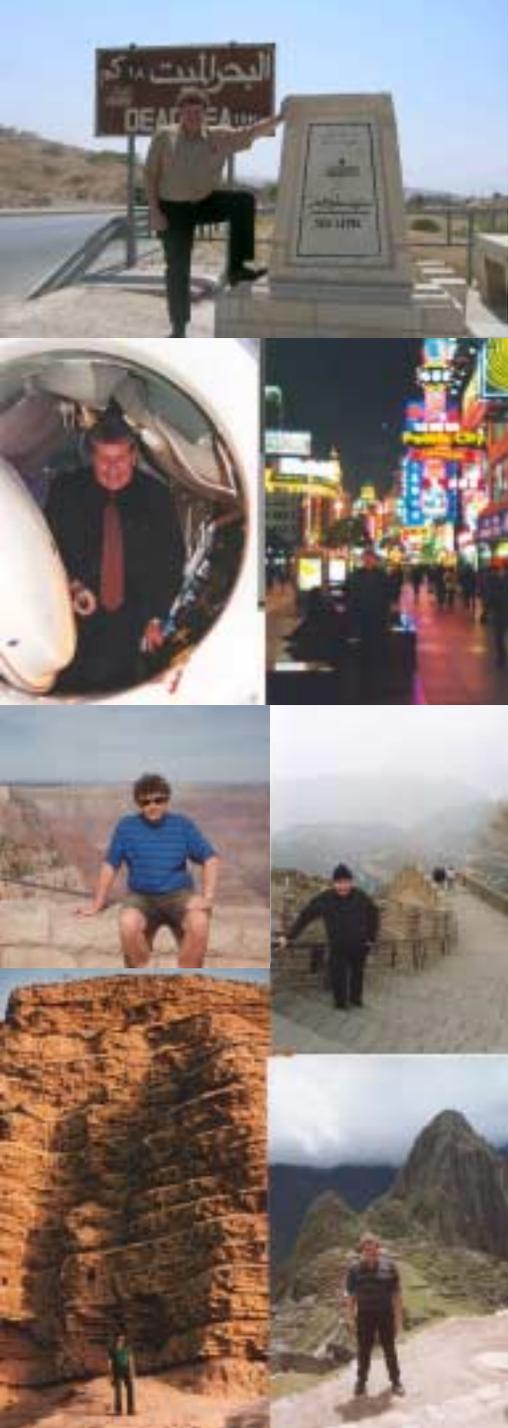
**The right answers to chapter 4:**

**Dubai, Teheran, Shanghai, Los Angeles, Sao Paulo**

**The photos on the left with the author is from top to bottom:**

**Dead Sea, Russian space craft, Shanghai, Grand Canyon,**

**The Great Wall, Ziggurat in Iraq, Machpichu**



# References and comments

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[www.climateark.org/](http://www.climateark.org/)

The statistical data and analysis used in this presentation is based on the publications by United Nations, The global carbon project, IEA, EIA and BP. In some cases the data may slightly differ between the various sources due to different time period, different conversion factors or different definitions. The differences are however minor and will not influence any of the main findings.

The CO<sub>2</sub> emission can however have different values depending on if only CO<sub>2</sub> is included or if all green house gases such as methane, NO<sub>x</sub> and SF<sub>6</sub> are included and converted to CO<sub>2</sub>. In some cases the historic accumulated values are used since CO<sub>2</sub> is stored in Nature. In other cases the emission and deforestation is included do reflect the reduced absorption. The last alternative will mainly influence the “guilt” percentage of the rich countries.